

1. Title:

Understanding and Treating Family Caregivers

2. Names of Authors:

(a) Andrew P. Daire, Ph.D., LMHC, NCC

(b) Judith Brent-Kolljeski, MFT

3. Affiliation:

(a) Assistant Professor, University of Central Florida - College of Education

(b) Ph.D. Student, University of Central Florida - College of Education

4. Address (for both):

University of Central Florida

College of Education

Dept. of Child, Family, & Community Sciences

P.O. Box 161250

Orlando, FL 32816-1250

5. Email Address:

(a) Dr. Daire - adaire@mail.ucf.edu

(b) Judith Kolljeski - qb4harp@yahoo.com

6. Abstract:

Family caregivers play a vital role in the lives of physically disabled elderly parents. Participants will receive (1) an overview of issues affecting disabled parents (physically and psychologically); an overview of emotional and psychological issues affecting their family caregivers; and strategies to meet the clinical needs of the caregivers. Particular attention will be paid to multicultural differences in the care receivers and caregivers' response and clinical need.