

## An Evaluation of a Standards -Based Health Education Workshop Series

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### **Abstract:**

As part of the Department of Education's portion of the Healthy Hawaii Initiative to implement the health and physical education standards, seven standards-based health education workshops were held in the first quarter of 2002 across the state of Hawaii. This report is an evaluation of this "2002 Got Health? Standards-Based Health Education Workshop Series". The workshops included topics about HIV prevention, standards-based assessment, and health standards. The workshops were evaluated through participant feedback in the form of a self-reported survey. Participants were asked to rate the quality of their overall workshop experience as well as each of the presentations in terms of quality, relevancy to standards-based education, and standards-based distribution materials. A total of 314 conference participants completed the evaluation forms across the seven workshops. Almost 40% of these participants were elementary school teachers and either dealt primarily with the content area of health (24%) or multiple content areas (37%).

Overall, the workshops were evaluated positively. Over 90% of the participants rated the quality of the sessions as "good" or "excellent" and 88% "agreed" or "strongly agreed" that the material/curriculum distributed in the workshops was helpful. Furthermore, almost 100% of the participants believed that the workshops provided the information and skill development needed to implement standards-based health education. Based on this evaluation, the 2002 Got Health? Standards-Based Health Education Workshop Series were of high quality and should contribute to implementing standards in the classrooms. Continuing this workshop series is recommended.