

## Diamonds in the Dirt: Using a Dialogue-Based Approach to Uncover the Sparkle in Health Education

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"How do we keep our students, clients, and patients interested?" "How do we make the learning experience relevant and meaningful?" "How can we be sure our learners are really learning?" These questions haunt us as educators. On good days we know what to do and things flow; the bad days we just don't talk about. Dialogue-based education offers a set of principles that help answer the hard questions and brings stability and solid foundational planning to the job of teaching adults. This 90-minute training workshop is based on these principles using a Seven Steps planning approach as the framework.

**WHO** (participants and facilitator):

A total of 50 men and women who are curious about the dialogue-based approach to adult learning and who are looking for new skills and strategies to engage learners. An adult educator, who is a Registered, Licensed dietitian and Assistant Professor at a large public university, will facilitate the training.

**WHY** (the situation):

Participants are curious about this approach and need to experience some of essential principles and practices at work in order to make an informed decision about incorporating them into practice. In 90 minutes they can get a brief taste of the dialogue-based approach and the process.

**WHEN** (time frame): Ninety minutes.

**WHERE** (site): A comfortable room with round tables for small group work.

<b>WHAT</b> Content (Skills/Knowledge/Attitudes)	<b>WHAT FOR</b> Achievement-Based Objectives  <i><b>By the end of this 90-minute session, all participants will have:</b></i>
Warm Ups	<b>Used</b> a warm up as a learning task.  <b>Reflected upon</b> use of warm ups in their current practice.
Head/Heart/Hands: Ideas, Feelings, and Actions	<b>Examined</b> the use of including ideas, feelings, and actions in health education.  <b>Identified</b> personal preferences and <b>explored</b> implications for practice.
Open Questions	<b>Practiced</b> designing and using open questions.
Facilitation Skills	<b>Assessed</b> their facilitation skills and <b>planned</b> for improvement.

**HOW** (learning tasks): During the training, each participant will receive handout materials including four learning tasks (one task for each content area) and a list of additional readings about dialogue education.